



Paramos vaikams centras
Children Support Centre

About Children Support Centre



Children Support Centre – is non-governmental organisation located in Vilnius, Lithuania.

Its **mission** is to ensure the psychological well-being of children by providing professional comprehensive assistance for children and families.



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Children Support Centre:

- ❑ **Provides** psychological assistance to children, adults and families to cope with psychological crises and overcome emotional disturbances.
- ❑ **Implements** child abuse prevention and intervention programs and provides multidisciplinary help to children who have experienced abuse and their family members.



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Children Support Centre:

- ▣ **Develops and implements** professional training and interdisciplinary partnership programs for specialists in education, health care, law enforcement, and social services.
- ▣ **Advises** parents and guardians, develops and implements programs that teach effective family communication and child rearing skills.



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Children Support Centre:



- × **Represents** the interests of children in the process of drafting legislation guaranteeing child rights.
- × **Encourages** community involvement in defending and meeting the needs of children.



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Milestones:

- The Children Support Centre began its work in **1995** by implementing the „Big Brother Big Sister“ program which was sponsored by the „Open Society Fund Lithuania“. Centre employees also began counseling children with emotional or behavioral problems and developing training for people working with children.
- Since **1996** child abuse prevention and assistance for child victims of violence or abuse and their families has been a main priority for the Centre.





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Main programs:

- **Center for children – victims of abuse and violence**
- **Big Brothers Big Sisters**
 - **Second Step**
- **Positive parenting**



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Center for children – victims of abuse and violence



The goal of the program – to develop comprehensive services for abused children and their families

- ❑ Psychological, social, psychiatric and legal help for abused children and their families.
- ❑ Forensic interviews of children in the specialized Interview Room, assistance for families, participating in legal proceedings.
- ❑ Trainings, supervisions, consultations for professionals working with victims of child abuse.
- ❑ Multidisciplinary collaboration working with victims of child abuse.
- ❑ Publishing informational materials for professionals and community on child abuse issues.



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Program Big Brothers Big Sisters

- ❑ **Mission** - to promote and develop the idea of an adult volunteer individually helping a child.
- ❑ **Key concepts:** positive adult role model; friendship of an adult; development of child's sense of responsibility, self-confidence, caring for oneself and others.
- ❑ **Children** – 7- 14 years old, in psychological crises, from families with mental disease, foster homes, etc.
- ❑ **Volunteers** - trustful trained adult above 18 years old.





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Program Second Step

- ❑ Implementing a social and emotional skills building program in primary schools.
- ❑ Learning and strengthening social and emotional students' skills in order to understand and to prevent aggressive behavior, to manage their emotions, to resolve conflicts.
- ❑ Training teachers to carry out "Second Step" program in the classroom.



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Positive parenting program



- ❑ Trainings for parents/caregivers about positive parenting.
- ❑ SAFE trainings for couples, who expect a baby.
- ❑ Trainings for specialists, how to train parents and caregivers about positive parenting.



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More information:

www.pvc.lt

www.vaikystebesmurto.lt

www.pozityvitevyste.lt



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